

New to Dancing With Patti's class?



Here's what you can expect!!

I've been teaching Line Dance in the South Jersey/PA/Delaware area for about 6 years....so, over time, we've built a community of dancers, some of whom have been dancing with me since the beginning. Naturally, we have built a pretty sizable portfolio of dances that they know well. This can kind of be intimidating to the new dancer who might come in not knowing any of our dances or having any line dance experience. If that is you, I want to encourage you that every single dancer started exactly where you are!! And, if you want to, you CAN learn!!! You'll need to come to class regularly, get out on the floor and give it a try!! No one cares if you mess up. You will. We all do. It's how you learn.

In our Monday night class, I spend the first 30 minutes focused on beginner lessons. While I can't take a lot of time explaining and breaking down each step....there are Beginner Basics videos on my website that do exactly that. I hope you'll make use of those. In fact, there are detailed teaching videos of every single dance we do on www.dancingwithpatti.com!! I have almost 500 YouTube subscribers so dancers all over the country are learning right along with you!!

I have a list of our "core" beginner dances. There is a link to this list in the body of this newsletter. These are beginner dances that we do on a regular basis so if you want to try to learn some on your own, I suggest that you pick from that list. As you can see, I always send the video lesson of the dances I am teaching on the upcoming Monday night.

Each week, I create a playlist in advance for Monday night dance. I like to plan out the dances and space them out based on difficulty and cardio intensity and a couple of other factors as we have dancers at many different levels of experience. I would rather do the brain work in advance rather than just throwing songs out there on the fly. That way I can also dance and enjoy!! If you want to make sure that a certain dance or song gets on the play list, it's important that you let me know via email or facebook or whatever way works for you. We have sooooo many dances and only a limited amount of time on Monday nights so I just can't play them all. People's requests take priority if at all possible.

Throughout the night on Mondays, I will announce "code yellow" dances. These are beginner level dances (8-10 per night) and I encourage you to come out and try to "learn on the floor". This is just where you find someone who looks like they know what they are doing, get beside them and try to follow their feet!! They won't mind!! You may or may not be comfy doing that at the beginning, but if you can, you can learn more dances faster!! Your learning pace and style are totally up to you!!

And, always, if there is anything I can help you...please don't hesitate to let me know!!

GOOD LUCK AND HAVE FUN!!

Patti